



Water safety
Road safety
Rail safety
Online safety
Fire safety

Personal Safety



Cooking
Finance
Careers
Current affairs



Physical health
Mental health
Healthy diet
Personal safety
Hygiene
Relationships
Online safety



British Values

Diversity

Equal opportunity

Respect/Tolerance

Celebrating differences

Community



Resilience
Communication
Respect
Kindness
Responsibility
Leadership
Talents and interests

Personal Development Strategy: Health and Wellness

- Whole School Offer -

York School Sport Network
Chance to Shine Cricket
Links with local primary schools
World Mental Health Day
World Smile Day
Children's Mental Health Week
Sports Day
Intra House competitions
Wide range of sports clubs
Hygiene Sessions

International Dance Day
Mental Health Awareness Week
Screen Free Week
National Computing
Healthy Eating Week
Celebrating National Sporting Events
Sports Champions
National School Sports Week
Fitness Fun Day
Promotion of Holiday clubs

- Individual Offer -

You said, we did
Sports Leaders
House Captains
Well-being Ambassadors
School Council
Brownlee Triathlon
Cross Country Competition
Year 5/6 Well-Being Workshops